

Psychodrama: Advances in Theory and Practice (Advancing Theory in Therapy)



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Psychodrama: Advances in Theory and Practice provides a comprehensive overview of developments in the theory and practice of psychodrama, integrating different psychodramatic schools of thought.

Psychodrama is one of the pioneering approaches of psychotherapy and is practised by thousands of practitioners and in most countries of the world. The editors of this volume bring together contributions from Europe, South America, Australia, Israel and the USA to explain and explore recent innovations. They look at how psychodrama has contributed to the development of psychotherapy, introducing concepts that have had a profound influence on other therapies. These include concepts such as role theory, the encounter, the co-unconscious, the social atom, sociometry, action research, group psychotherapy, the cycle of spontaneity and creativity, role play and many related concepts and techniques.

This book will be of great interest to all students, practitioners and trainers in the field of psychodrama. It will also appeal to professionals and students in the related fields of psychotherapy, counselling, psychology and psychiatry.

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