



MicroMiracles: Discover the Healing Power of Enzymes

Ellen Cutler, Jeremy Kaslow

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The only definitive resource on enzyme therapy by the nation's leading expert, a pioneering medical doctor who has used enzymes to treat allergies, asthma, fatigue, chronic pain, and many other ailments-with astonishing success!

The scientific evidence continues to mount, pointing to enzyme deficiencies as the cause of a vast majority of health problems. In this important, groundbreaking book, Dr. Ellen Cutler-who has been prescribing enzymes to her patients, and taking them herself for more than 20 years-shows readers how to assess their bodies' unique enzyme needs and create totally personalized enzyme regimens.

MicroMiracles also explains how enzyme supplements:

- Reduce food cravings and promote significant weight loss
- Sharpen memory and mental alertness
- Strengthen the immune system to prevent and fight illness, from colds and flu to heart disease and cancer
- Offset the effects of stress and replenish energy stores
- Heal the cellular damage that fuels the aging process

MicroMiracles promises to be the most complete, authoritative resource on enzyme therapy, which a growing number of health professionals identify as the next frontier in medicine and self-care.

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