



# Happy for the Rest of Your Life: Four Steps to Contentment, Hope, and Joy--and the Three Keys to Staying There

*Gregory L. Jantz*

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Whoever said happiness was a pursuit wasn't kidding. We search high and low, spend money we may or may not have, engage in all kinds of behaviors for good and ill, and still come up short in the happiness department. Happiness becomes a destination we're supposed to teach, but we never seem to get there. If happiness is a destination, who has the directions? In *Happy for the Rest of Your Life*, Dr. Gregory Jantz will use scriptural truths and personal examples to teach, enlighten, encourage, and motivate as he explains: \* Our misconceptions about what happiness is and where to find it \* Dead ends on the road to happiness \* Why God is really the author of "Don't Worry, Be Happy"

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