



The Quickening of America: Rebuilding Our Nation, Remaking Our Lives

Frances Moore Lappe, Paul Martin Du Bois

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I highly recommend Quickening as an extremely useful and practical guide. It reaffirms that personal and social change are intertwined; that each of us counts; that our lives do make a difference; and that, through involvement and by developing our skills, we can make an even greater difference.

--Reverend Jesse L. Jackson, president and founder, National Rainbow Coalition

An antidote to cynicism . . . an essential 'how-to' manual for anyone interested in translating values into positive results.

--Ben Cohen, Ben & Jerry's

Exploding the popular myths about public life, power, and self-interest that stop individuals from discovering the rewards of public involvement, this thoughtful resource offers practical advice from ordinary Americans on how to get more involved. Details guidelines anyone can use to master the skills required to be effective in public life.

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