



# THE CONSTELLATION APPROACH: Finding Peace Through Your Family Lineage

*Jamy Faust, Peter Faust*

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The Constellation Approach -- Finding Peace Through Your Family Lineage is the culmination of Jamy and Peter Faust's brave and innovative healing work over the past twenty years. Together and individually, they have helped hundreds of people heal emotional wounds rooted in many varieties of trauma, neglect, loss, and longstanding family loyalties. Inspired by the teachings of Bert Hellinger, the Constellation Approach combines the practical wisdom of healing traditions from both East and West with the Fausts' signature understanding of the Soul's journey. As they carefully guide us to uncover the sources of unresolved and often long-hidden conflicts, a path to inner peace emerges. The journey they invite us to embark upon will not only change forever the way we understand the dynamics of our families, but it will also expand and deepen our experience of authentic love. This book reimagines our conflict-ridden world gradually but boldly transformed by peace -- one family at a time.

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