



Mit Heilkräutern & Co durchs Jahr: Kräutertipps von Hedwig Öttl (German Edition)

Hedwig Öttl, Doris Breinstampf

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Auf 200 Seiten gibt die Autorin Hedwig Öttl Geheimnisse heimischer Kräuter preis und bietet einen interessanten Einblick in die Kräuterküche. Zusammen mit ihrer Co-Autorin Doris Breinstampf entführt sie den Leser in die Welt der Kräuter, gibt Tipps zur Zubereitung sowie zur Pflege und Aufzucht. Ihr Wissen hat sich die 87-Jährige über Jahrzehnte hinweg angeeignet und präsentiert dieses bereits seit Jahren in der Vöcklabrucker Tips-Ausgabe einer treuen Leserschaft. Mit diesem Buch will sie jedoch über die Bezirksgrenzen hinaus ihre Liebe an der Natur weiter geben.

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