



The Alchemy of Happiness (Cosimo Classics Sacred Texts)

Al-Ghazzali

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Those who deny the reality of the ecstasies and other spiritual experiences of the Sufis merely betray their own narrow-mindedness and shallow insight.

-from "Concerning Music and Dancing"

One of the great works of mystical religious literature, the *Kimiya-i-Sa'adaat* strove to bring man closer to understanding God by helping him understand himself. These excerpts from that work, by a strikingly original thinker on Islam who lived and wrote in the 11th century, were first published in 1910, and serve as a potent reminder of how powerful an influence Al-Ghazzali had upon religious philosophers of the Middle Ages, both Christian and Islamic. With its wise and warmly humanistic outlook, this little book may well foster a new measure of understanding in the current philosophical battle between the religious traditions of East and West.

Also available from Cosimo Classics: *Field's Shadows Cast Before* and *Jewish Legends of the Middle Ages*.

Iranian theologian AL-GHAZALI (1058-1111) was medieval Islam's most prominent scholar and philosopher.

CLAUD FIELD is also author of *Mystics and Saints of Islam*, *Heroes of Missionary Enterprise*, and *Persian Literature*.

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