

## Handbook for Those Who Grieve: What You Should Know and What You Can Do during Times of Loss

Martin M Auz

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A resource for family, friends, ministers, caregivers, and colleagues

The path to grief recovery. . .

This valuable resource guide provides practical information for people who are grieving and the people who support them. Material is presented in an easy-to-read format for quick reference and features:

- Tips for planning funerals and wakes
- Sample sympathy letters appropriate for a variety of grief situations
- "Do" and "don't" lists for family and friends of the grieving
- Helpful lists of pertinent planning details
- Information on helping children grieve
- A comprehensive list of publications and organizations that provide grief support

"After twenty years of ministering to the bereaved and consulting other ministers, this is the first comprehensive book that I would recommend to those who grieve and minister. This truly is a text for life."

—Deacon Ray Deabel, president-elect, National Catholic Ministry to the Bereaved

"Reading this book adds to my insight into grief after forty years of medical practice. I strongly recommend it for grieving families and the professionals who assist them."

—Thomas S. Patricoski, M.D., family physician, former chief of staff, Little Company of Mary Hospital

"An essential reference, written in laymen's language. This book is a great service to the grieving."

—Martha Burke Tressler, bereavement ministry coordinator, Family Ministries Office, Archdiocese of Chicago



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