

Erectile Dysfunction and Vascular Disease (Encyclopedia of Sports Medicine Series)

Michael Kirby



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Erectile Dysfunction and Vascular Disease (Encyclopedia of Sports Medicine Series) Michael Kirby Erectile dysfunction (ED) is defined as the inability of a man to achieve and/or maintain an erection sufficient for sexual activity. Most men experience ED at some point in their lives and if the condition persists, it can have a dramatic impact on relationships, emotional well-being, self-esteem and overall quality of life, often leading to anxiety and depression. The most common physical causes of ED are conditions that impari arterial flow to the erectile tissues or disrupt the neuronal system, such as atherosclerosis, hypertension and diabetes.

This book, which is aimed at all medical practitioners, practice nurses and those in associated fields, focuses on the importance of vascular disease as a primary cause of ED, the inter-relationship with other causes of ED and optimum approaches to treatment for erection problems. It dispels common myths associated with vascular disease, sexual activity and eD and also examines the importance of the role of the partner in the management of ED, without whose understanding and support treatment may not be successful.

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