



Break Free: Unlock the Powerful Communicator in You

V. Rajesh

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Break Free: Unlock the Powerful Communicator in You V. Rajesh

What do the following have in common—being stranded at a flooded airport, eating gulab jamuns, and a car that likes vanilla ice cream?

All around us, we see people having trouble communicating with others. Employees have difficulty connecting with their bosses; parents find it hard to communicate with their children; and spouses complain about a communication gap between them and their better halves. And, in this age of digital communication, even friendships are not spared.

In *Break Free*, V. Rajesh, in his uniquely accessible and humorous voice, explains the lessons in communication people can glean out of everyday situations. He also uses examples from mythology and popular culture that can help one become a virtuoso communicator. *Break Free* will enable you to deliver outstanding and memorable communication and evolve as an effective and successful leader at work and at home.

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