



# **Evaluating Mental Health Practice (Psychology Revivals): Methods and Applications**

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With the emphasis in the 1980s on effectiveness and efficiency in health services, evaluation of practice was increasingly important. This was particularly true of mental health, where many practices were poorly evaluated and therefore might have been of questionable validity.

Originally published in 1987, this book reviews the state of evaluative research of mental health programmes at the time, showing how practices can be evaluated and hence improved. A multidisciplinary group of authors, covering psychiatry, clinical psychology, psychiatric nursing, social work and other 'therapies', describe previous studies and applications in each discipline, before detailing a case study of their own evaluative work. The book will still have something to offer all professionals concerned with improving the quality of their work in the mental health area.



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