



# **Chris & Nancy: The True Story of the Benoit Murder-Suicide and Pro Wrestling's Cocktail of Death**

*Irvin Muchnick*

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Exploring the steroid-fueled world of professional wrestling, this riveting chronicle lays bare the devastating events that led to the 2007 murder-suicide of Chris Benoit, his wife Nancy, and their seven-year-old son, Daniel. Benoit's performance-enhancing drug addiction—massive amounts of doctor-prescribed human growth hormone were found in Benoit's home—and subsequent suicide proved to be the tipping point for the professional wrestling world, resulting in unprecedented scrutiny of the sport's subpar health and safety standards. Using public records, dozen of interviews with those inside and outside of wrestling, and investigative results, this authoritative analysis provides an uncompromising look at the price athletes pay in this rough-and-tumble world. The ebook edition includes a new introduction that looks at recent events in sports, and further contextualizes the story of Chris Benoit and the figures surrounding his career

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