

## **Big Bowl Noodles and Rice: Fresh Asian Cooking** from the Renowned Restaurant

Bruce Cost



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When the first Big Bowl restaurant opened in 1997, its founding partners had one mission: to make good, authentic Asian food accessible to American diners. Tired of greasy takeout and soggy egg rolls, they created an entirely different kind of Asian menu-one based on healthy techniques, market-fresh ingredients, and vibrant, traditional flavors. From steaming bowls of handmade noodles to fiery curries and fragrant stir-fries, every dish at Big Bowl became a delicious celebration of homestyle Chinese, Vietnamese, and Thai cooking.

Now Bruce Cost, the celebrated cook and a culinary partner behind Big Bowl's spectacular food, reveals how to prepare the house favorites in your own kitchen. Beginning with a basic explanation of Asian ingredients and cooking techniques, Cost's beautifully illustrated guide takes home cooks through the simple steps needed to create an Asian meal, whether it's a one-bowl dinner or a multicourse feast for family and friends. From Thai Chicken Noodle Salad to Blazing Big Rice Noodles with Beef to Shanghai Shrimp, all of Cost's recipes are incredibly flavorful yet easy enough for even the beginning cook to master. The instructions are clear, the ingredients are widely available, and the results are dramatic and delicious.

So if you think Asian food at home means little white boxes, think again. *Big Bowl Noodles and Rice* will show you how to bring the fresh, authentic flavors of Asia to your table any night of the week.

Hailed by Alice Waters as "one of the greatest cooks I have ever known," *Bruce Cost* is an award-winning restaurateur and chef, cooking teacher, and former food columnist for the *San Francisco Chronicle*. He currently serves as the culinary partner in Lettuce Entertain You's immensely popular chain of Big Bowl restaurants. Cost is also the author of *Asian Ingredients*, a comprehensive guide to Asian foodstuffs now available as a companion to this book.

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