



400+ Soccer Drills: Passing & Possession: Soccer Football Practice Drills For Youth Coaching & Skills Training (Youth Soccer Coaching Drills Guide) (Volume 2)

Christoph Friedrich

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PASSING: A good passing game is vital to being successful in soccer as it enables you to dictate the play by keeping possession, saves energy and as a result presents you with a better chance of scoring. Passing is about using good technique to quickly, accurately, and properly deliver the soccer ball and making the right decision at the right time. **POSSESSION:** Possession gives a team a psychological advantage and conserves energy as your opponent works harder by chasing the ball. This is also why keeping possession of the ball can be a very strong form of defense as well as offense. If you wish to achieve success you want to have enough players on the team with a wide range of skills to take care of the ball. This book will provide you with hundreds of effective conditioned and progressive drills that improve the skill of passing and possession for the individual and team. Here is what you get: 400+ Soccer Passing/Possession Drills, Practices & Games 350+ Variations Descriptions Diagrams Coaching Points

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