



Second Chances: Finding Healing for Your Pain, Regaining Your Strength, Celebrating Your New Life

Pat Smith

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Let Go of the Past--Embrace Your Second Chance

God has a great plan for you. Sometimes it's difficult to see and hard to find when the only things in front of you are challenging circumstances, lost opportunities, or overwhelming obstacles. Many things in life just happen to you--you don't choose them. But God can turn even the things you have no control over into good, not only for you, but also for someone else.

For Pat Smith, former Miss Virginia, finalist for Miss USA, married to comedian Martin Lawrence in the early 1990s, and now married to NFL Football Hall of Fame member Dallas Cowboy Emmitt Smith, life may seem perfect on the outside, but it has been far from perfect behind the scenes.

With warmth and insight, Pat Smith shares the truths she and other women have learned on their own journeys from heartache to hope. She encourages and empowers you to recommit to the destiny God has for you in your faith, family, love, work, community, and ministry. She also shows how to let go of what's holding you back, reinvent yourself, and rediscover your purpose and joy. There is a second chance waiting for you--it's time to claim it!

"We are touched by Pat Smith's faithfulness to God's directives in her life and know that He will use her story to demonstrate to others His rock solid faithfulness to His children."--**Janet and Tony Dorsett**, former NFL player, member of the Pro Football Hall of Fame, and Heisman Trophy winner

"Each time I am with Pat, I am overcome with awe and admiration. Her desire to change the lives of others is a true testimony to her profound courage and faith."--**Robin McGraw**, philanthropist, entrepreneur, television personality, and *New York Times* bestselling author

"My friend Pat Smith's new book, *Second Chances*, is an honest and moving account of her journey from loss to redemption. I encourage you to read this book, let it inspire you, and then allow God to replace your ashes with beauty and your sorrow with joy."--**Victoria Osteen**, co-pastor of Lakewood Church

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