



Practicing Intersubjectively

Peter Buirski

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Practicing Intersubjectively describes how the intersubjective systems perspective informs, shapes and guides the psychotherapeutic process. Using extensive clinical case material, Buirski illustrates the way an intersubjective systems sensibility informs and enriches clinical practice. The intersubjective systems perspective views each treatment as exquisitely context sensitive. This means that the person who comes for therapy would present differently to different therapists and the two of them would construct different processes. Therapists themselves are not interchangeable, and the intersubjective field that the two participants create together would be quite different from the field created by any other pair. Practicing Intersubjectively, with the focus on attuning and articulating to the contextual construction of personal worlds of experience enables a different therapy process to unfold than occurs in traditional 1-person, authority based treatment approaches and is uniquely suited to working with people from diverse cultural backgrounds and those suffering from such challenging concerns as trauma and prejudice.



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