



Jerky: Make Your Own Delicious Jerky and Jerky Dishes Using Beef, Venison, Fish, or Fowl (A. D. Livingston Cookbooks)

A. D. Livingston

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There's nothing like tasty, chewy jerky for satisfying those hunger cravings. Moreover, jerky is made from lean cuts of meat, so it's naturally low in fat and high in protein. Homemade jerky is far superior to the packaged kind, is much less expensive, and is surprisingly simple to make. A. D. Livingston shows you how, including: which cuts of meat to buy and how to prepare them; jerky drying methods; where to buy supplies and equipment; how to store jerky; mouthwatering recipes for beef, venison, fish, fowl, and exotic meats. For backpackers, country-living folks, jackleg cooks, and anyone who wants a snack that isn't junk food, *Jerky* is a welcome and unique cookbook.

“Your mouth will water just reading the recipes.” —*Sportsmen's Series: Big Game* (a special edition of *Fishing & Hunting News* magazine)

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Kenny Crowther:

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