



Coaching-Erfolg mit NLP PDF (German Edition)

Andrea Lages, Joseph O'Connor

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Dieses Buch erschien bis 2008 unter dem Titel "Coaching mit NLP" (alte ISBN: 978-3-935767-58-3).

Inhaltlich ist es unverändert.

Möchten Sie andere professionell dabei unterstützen, sich in Beruf oder Privatleben weiterzuentwickeln, etwas zu verändern und ehrgeizige Ziele zu erreichen? Oder möchten Sie vielleicht selbst neue Wege gehen und suchen dafür methodische Hilfsmittel?

Dieses Buch liefert das Handwerkszeug für erfolgreiches Coaching (und Selbstcoaching). Es vermittelt auf unterhaltsame Weise die Struktur des Coaching-Prozesses und die Kompetenzen, die man vom ersten Gespräch bis zum Erreichen der Ziele braucht - etwa die Fähigkeit, treffende und wirkungsvolle Fragen zu stellen. Jedes Kapitel bringt Beispiele aus der Praxis, eine Zusammenfassung der wichtigsten Erkenntnisse sowie Aufgaben zur praktischen Anwendung. Den Abschluss bildet eine kompakte Zusammenstellung der Arbeitsinstrumente, Richtlinien und praktischen Aspekte, die im Verlauf des Coaching-Prozesses relevant werden, wie etwa: Checklisten, Schaubilder, schriftliche Unterlagen, fachliche Standards und ethische Prinzipien. Dieses didaktisch ausgefeilte Studienhandbuch der beiden ausgewiesenen Coaching- und NLP-Experten beweist auch: NLP ist maßgeschneidert für gutes Coaching.

Eine lohnende Lektüre für Einsteiger (auch ohne Vorkenntnisse in NLP!) wie für bereits erfahrene Coaches, aber auch für alle, die als Therapeuten, Trainer, Mentoren oder Berater tätig sind.

(Dieses Buch ist die umbenannte und sonst unveränderte Neuauflage des früheren Titels "Coaching mit NLP".)

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