



Quinoa Cuisine: 150 Creative Recipes for Super Nutritious, Amazingly Delicious Dishes

Jessica Harlan, Kelley Sparwasser

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THE SUPERFOOD MADE SUPER-DELICIOUS

You know quinoa is easy to make and good for you. Now with this book, you will discover how to make palate-pleasing quinoa creations. From imaginative salads and tasty soups to flavorful entrées and decadent desserts, *Quinoa Cuisine* guides you step-by-step to make recipes like:

- **Pumpkin Waffles**
- **Quinoa Waldorf Salad**
- **Thai Summer Rolls**
- **Lentil-Quinoa Cheeseburgers**
- **Stuffed Squash Blossoms**
- **Two-Bean Quinoa Chili**
- **Chile Rellenos**
- **Quinoa Polenta**
- **Stuffed Artichokes with Garlic-Lemon Aioli**
- **Grilled Quinoa Pizza**
- **Quinoa Pie Crust**
- **Triple-Chocolate Bundt Cake**

Quinoa Cuisine includes helpful icons identifying vegetarian, gluten-free and kid-friendly options. It also gives easy ways to incorporate fresh seasonal ingredients into the dishes. Using white, red and black quinoa, as well as quinoa flour and flakes, this book is the ultimate guide to enjoying tasty dishes packed with more protein, amino acids and nutrients.

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