



# Free at Last: Daily Meditations by and for Inmates

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# Free at Last: Daily Meditations by and for Inmates

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## **Free at Last: Daily Meditations by and for Inmates** Anonymous

The high correlation between substance abuse and crime makes treatment for inmates a vital concern. *Free at Last* gives voice to those inmates who have escaped the prison of chemical dependency and offers a promise of hope to other inmates still bound by addiction. As Joe, serving a 45-year sentence, explains, "Even if I was never to get out of this prison, today I truly know I am free within."

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