



# The Irish Dad's Survival Guide to Pregnancy [& Beyond]

*David Caren*

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## **The Irish Dad's Survival Guide to Pregnancy [& Beyond]** David Caren

Writing in his trademark light and accessible style, the founder of Dad.ie delivers a practical guide for expectant dads which offers an honest and modern account of pregnancy from a dad's perspective. Combining real-life experiences from a fraternity of Irish fathers and an expert panel of midwives, obstetricians, psychologists and family finance advisors, Irish Guide to Pregnancy for Dads will accompany the expectant Dad throughout each trimester, mood change, the labour ward and those first few months of new family life.

- Includes technical, legal, medical and support issues.
- Full of guidance from midwives, obstetricians and psychologists.
- Deals with the financial impact of becoming a father.
- Contains sections of advice from experienced fathers.

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