



Naked at Lunch: Ein Nacktforscher in der Welt der Nudisten (German Edition)

Mark Haskell Smith

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Worin liegt der Kick, auf einem Kreuzfahrtschiff mitten unter 2.000 Nudisten einen Drink zu nehmen – und sich dann für den textilfreien Yoga-Kurs anzumelden? Wie fühlt es sich an, nackt zu dinieren? Ist die Aufmerksamkeit des Kenners bei der hüllenlosen Weinverkostung schärfer denn je? Und ist es überraschend, dass bei einer Nackt-Trekkingtour in Österreich alle Entgegenkommenden freundlich grüßen? Im Selbstversuch hat Mark Haskell Smith sich ein Jahr lang in die Welt der Nudisten begeben und ihre Undresscodes, ihren Lifestyle und ihre Philosophie erforscht. Stets unbekleidet, versteht sich. Ob nackt oder verhüllt – dieses Buch wird Ihr Leben freier machen ...

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