



Walking Healed: A Journey of Forgiveness, Grace, and Hope

Shelley Wilburn

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"Sometimes... we have to get to a certain point in our lives where we are actually ready for God to use us. And God has to get us to that certain point in our lives when the clay is ready for the Master's hands. I was at that point the night God healed me."

~Shelley Wilburn, excerpt from Walking Healed

Have you ever wondered what life would be like if you weren't suffering depression, intimidation, or even verbal or mental abuse? Depression is a very real issue for many people. It causes health issues, affects relationships, marriages, your weight, and even your walk with the Lord. Many people don't understand that even Christians suffer depression. Shelley Wilburn knows and understands a life lived in the "black hole" of depression and intimidation. She suffered it for over forty years. She also knows what it's like when God heals you from it all, sending you on a wonderful journey of walking healed.

In Walking Healed, Shelley uses personal stories and biblical truths to encourage others and experience the hope that she walks in every day. She uses her story of healing to help others know that even depression is curable and that "nothing is impossible with God."

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