



# Researching Psychotherapy And Counselling

*Rudi Dallos, Arlene Vetere*

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**Researching Psychotherapy And Counselling** Rudi Dallos, Arlene Vetere

This book focuses on the issues facing practising clinicians wishing to engage in research. It outlines approaches involving both clients and other professionals in the research and argues for approaches that combine an exploration of the experience as well as the effectiveness of therapies.

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