



Mindful Leadership: A Brain-Based Framework

Michael H. Dickmann, Nancy Stanford-Blair

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Unleash the power of the leadership-brain connection!

Offering an approach compatible with the ways individuals naturally process information and learn, this updated edition of *Connecting Leadership to the Brain* links knowledge about the physiological, social, emotional, constructive, reflective, and dispositional nature of the brain to compatible leadership practice. Leaders will find specific examples and reflection exercises focused on how to:

- Support the mind-body connection
- Promote social relationships
- Harness the power of emotion
- Expedite the construction of knowledge
- Build a culture of reflection
- Cultivate productive dispositions of mind

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